

MASSACHUSETTS DEPARTMENT OF MENTAL HEALTH

TAUNTON STATE HOSPITAL - RICKY SILVIA GYM

JUNE 22, 2018

PROGRAM IS BROUGHT TO YOU BY THE MASSACHUSETTS NURSES ASSOCIATION

PROGRAM IS FOR MNA UNIT 7 MEMBERS ONLY



(8:15AM-9:00AM) REGISTRATION

(9:00AM-12:00PM) Nursing and Mental Healthcare Worker Resiliency Workshop

DESCRIPTION: This program is designed to strengthen the abilities of nurses and other healthcare workers to cope with work related trauma and stress. The curriculum uses participative training methods, engaging participants in applying their knowledge and experience to deepen their understanding and abilities in dealing with stress and traumatic events in the workplace. This program will explore strategies to promote resiliency and is applicable for other disciplines including social work, psychology, etc. Through individual and small group activities participants will be able to:

LEARNING OBJECTIVES:

- Recognize the importance of resilience to mitigate the impact of stress and trauma on staff, their families, patients, and the employer.
- Define the different types of positive and negative reactions to trauma.
- State methods to obtain support through your employer, and community resources
- Build resilience through using stress reduction and coping strategies
- Discuss key elements of an organizational trauma response program

(12:00PM-1:00PM) – COMPLIMENTARY LUNCH WILL BE PROVIDED.

PLEASE ALERT US TO ANY FOOD ALLERGIES OR IF YOU REQUIRE GLUTEN-FREE.

(1:00PM-4:00PM) DOMESTIC AND SEXUAL VIOLENCE TRAINING: WHAT NURSES NEED TO KNOW – PRESENTED BY ERIN MILLER MPS, MDV, CTSS CASAC-T

DESCRIPTION:

This presentation will look at the dynamics of Domestic and Sexual Violence, the health impact of violence and abuse, and the consequence of children's exposure to violence. Components of trauma-informed care will be explored.

This training is applicable for other disciplines. Per MGL c 260, §9 of the Acts of 2014 requires the boards of registration in medicine, nursing, physician assistants, psychologists and allied mental health and human services to promulgate regulations establishing standards that require training on the issue of domestic and sexual violence as a condition of licensure and license renewal. This training meets the requirement for licensing for all disciplines listed.

LEARNING OBJECTIVES:

- Define the dynamics of Domestic/Sexual Violence
- Define sexual violence and the emergency response
- Identify the consequences of children's exposure to violence and abuse

- List the role of providers regarding violence and abuse more broadly in trauma-informed care

Target Audience: Unit 7 physicians, registered nurses, psychologists, occupational therapists and mental health professionals.

In order for registered nurses to successfully complete a program and receive contact hours, you must: 1) sign in, 2) be present for the entire period of the session and 3) complete and submit the evaluation.

*Please note that CE approval is pending for Unit 7 physicians, psychologists, occupational therapists and mental health professionals.

Cancellation Policy:

Email will be sent to original distribution list notifying learners and potential participants in regards to the cancellation of the training event – if rescheduling information is known, it will be included in e-mail/message. In addition, Main Operators at Taunton Hospital (508) 977-3000 will be made aware of cancellation and contacted regarding the status of the training event. Learners can cancel by e-mailing Susan Clish at sclish@mnarn.org. The program will be held at: **Taunton State Hospital in the Ricky Silva Gym located at 60 Hodges Ave, Taunton, MA 02780. *Parking is available on hospital grounds; information will be shared on the DMH website.***

Registration: Please call Susan Clish, MNA Health & Safety at (781) 830-5723 or e-mail sclish@mnarn.org.
Deadline to register is: **June 8, 2018.**

*Contact hours will be provided for the morning and afternoon sessions.

